## **ABSTRACT**

The present invention provides a cordless telephone headset system having a cordless telephone headset and a base. Adjustment of the cordless telephone headset may be accomplished through the provision of a telephone control, and in preferred embodiments a dial pad, pivotally connected to a headband of the headset. The telephone control is configured to accommodate a plurality of user configurations and is adjustably connected to the headband to provide a range of adjustable rotation. Adjustment of the cordless telephone headset may also be accomplished, and in some embodiments in combination with the adjustment of the telephone control, through the provision of a microphone, and in preferred embodiments further providing a microphone boom, pivotally connected to the telephone control. The microphone and microphone boom are configured to accommodate a plurality of user configurations and are adjustably connected to the telephone control to provide a range of adjustable rotation. Methods of configuring a cordless telephone headset system for use are also disclosed.